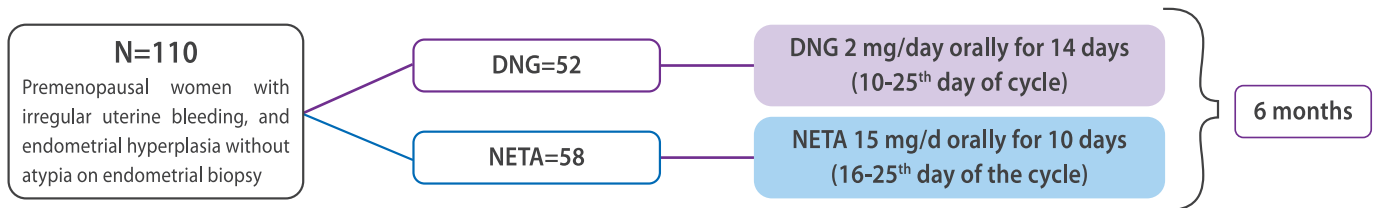


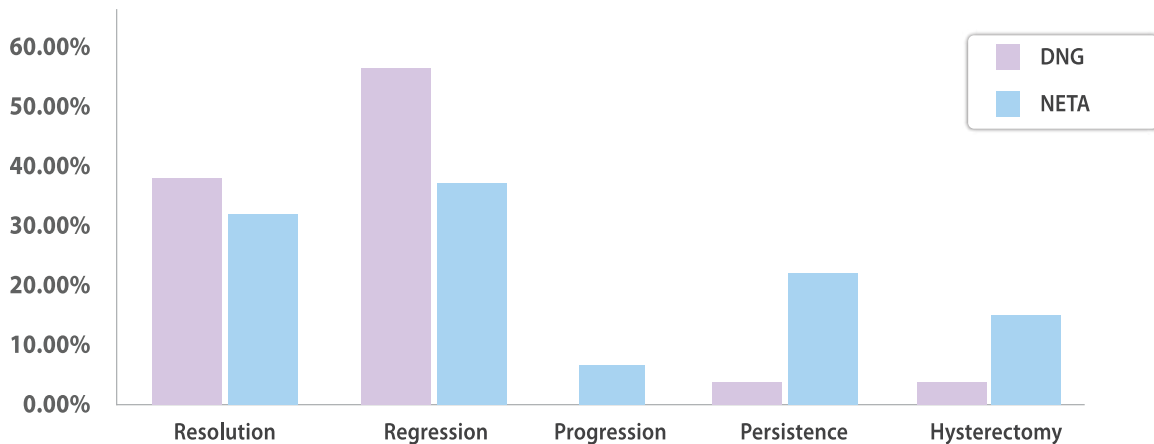
To compare the effectiveness of dienogest (DNG) and norethisterone acetate (NETA) regimens in the treatment of endometrial hyperplasia (EH) without atypia

Study design: A prospective controlled study

Patients and intervention



Outcomes of therapeutic treatment



Conclusion

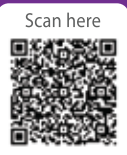
If used as first-line treatment, dienogest produces a better rate of resolution, regression and a lower incidence of hysterectomy than norethisterone acetate in endometrial hyperplasia without atypia. Side effects were comparable between groups with slightly higher rate in norethisterone group.

Ref: Girbash, Ehab F et al. "Dienogest versus norethisterone acetate in management of endometrial hyperplasia without atypia." Archives of gynecology and obstetrics vol. 308,3 (2023): 947-952. doi:10.1007/s00404-023-07015-7

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Endometriosis affects over 176 millions women worldwide

Facts

- Endometriosis is the second most common gynecological condition
- 68% of women are usually misdiagnosed
- Around 40% experience infertility issues
- Nearly 40% suffer from depression
- 27% require 3 or more surgeries

Affects

**10-15% of women of
childbearing age**



7-10 years

The average time it takes for a woman to be diagnosed which explains why most women only receive their first diagnosis at 30-40 years of age

Almost half of the women who underwent hysterectomy relapse after

5 years

Pain

2/3 experience dyspareunia, putting strains on relationships

2/3

found painkillers to be ineffective

1/3

are told their symptoms are psychological, leading to anxiety and depression

Ref: <https://www.nutrunity.com/updates/endometriosis?rq=Endometriosis, 2022>

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